

The I Ching, Ancient Consciousness, and the Creation of Chinese Medicine

A Course by Jessie Shaw, M.S. L.Ac. O.M.

Course Description

Course Lecture

- Welcome
- Significant Archeological Discoveries
- The Nature of the I Ching/Yi Jing
- The Zhou Yi and Its Historical Context
- Magical Consciousness
- Early Medicine Practices
- The Warring States Period and the “Ten Wings Commentaries”
- Mythical Consciousness
- The “Great Treatise”
- Warring States, Qin and Han Dynasty Medicine Practices
- Implications for Today’s Practitioners

Workbook and Experiential Exercises

- Reflection Upon Synchronicities
- Counting the Yarrow Wands / Throwing the Coins
- Gebser’s States of Consciousness
- Exploring the Presence of the Five Elements
- Bringing More Ritual to Life
- Guided Meditation

Bibliography - Sources Used